

RECIPE FOR

Consumption, Asthma, Bronchitis, Scrofula, &c.

<i>Extract Blodgett,</i>	-	-	-	-	-	Three Ounces.
<i>Hypophosphite of Lime,</i>	-	-	-	-	-	One half Ounce.
<i>Alantin (Pura),</i>	-	-	-	-	-	One Drachm.
<i>Meconin (Pura),</i>	-	-	-	-	-	One half Scruple.
<i>Extract Cinchona,</i>	-	-	-	-	-	Two Drachms.
<i>Loaf Sugar,</i>	-	-	-	-	-	One Pound.
<i>Pure Port Wine,</i>	-	-	-	-	-	One half Pint.
<i>Warm Water,</i>	-	-	-	-	-	One Quart.

To prepare the above Recipe properly, all the powders and extracts should be thoroughly compounded and mixed well together, and placed in a vessel or bottle holding at least three pints; then pour in the bottle about a half pint of hot water, and shake well, which will turn the whole a bright red color. Let it stand a few moments, then add the other pint and a half of hot water with the sugar dissolved in it; also add the wine, (or, if you have not wine, rum or Holland Gin will do.) Shake well, and when cold it is ready for use. Dose—One large table-spoonful four times a day.

The above *Prescription* is sent to the *Consumptive sufferer*, not from any mercenary or selfish motives, but from a sense of Christian duty by one who, from the most severe and bitter experience, knows how to sympathize with an afflicted fellow, and who is truly thankful to an all-wise Providence for his complete restoration to health and vigor through the agency of the same. In order that my friends and fellow sufferers may more readily understand the nature and effects of the above Prescription on the Consumptive patient, and also my object in making it public at this time, I will endeavor to give a history of my own case in as brief, intelligible, and concise a manner as possible; and then leave each sufferer to draw his own conclusions and judge for himself, and act in the matter as seemeth to him best in order to secure his own health and happiness, at the same time feeling satisfied that I have done my whole duty in the premises. The history of my own case is as follows:—

I am a native of Augusta, Maine, where most of my relatives now reside. In the fall of 1848 I removed to New Haven, Conn., where in the spring of '49 I commenced my labors as a minister of the Gospel, as pastor of a small congregation of the Methodist Episcopal denomination. I labored for six years on the different circuits of the New England Conference, when, in the fall of 1855, my health began to fail, and I was reluctantly obliged to suspend my labors in the pulpit, being very badly afflicted with what I then only supposed to be the *Clergyman's Sore Throat*. I sought the best medical advice, and used every means in my power that I thought would aid in my restoration to health; but from all my efforts relief came not. I felt myself slowly wasting away day by day—all the medicine I took only seeming to palliate the disease; and after eight months' steady and expensive treatment, I found myself given up by my physicians as a confirmed consumptive, with no hope and without the least encouragement in regard to a return of health. My symptoms were of a serious and alarming character, such as: Severe and debilitating Night Sweats, Wasting away of the Muscles, Irritation of the Nerves, Loss of Memory, Loss of Appetite, &c.; sharp pains in the lungs, sore throat, and inaction of the bowels, with nausea at the stomach. I was also raising

about a half pint of matter per day, which, with my profuse night sweats, reduced me so much that I had hardly strength to walk. Still my ambition to recover was not the least diminished.

Such was my condition in the spring of 1856, and having tried faithfully all the known remedies and the best physicians to no effect, my physicians, Drs. Mott and Gillman of New York City, recommended a sea voyage and change of climate. Acting on their suggestion, I sailed in August, 1856, for Europe. The voyage did me no good, as I was very sick during the whole passage; and I landed on the other side of the Atlantic much more reduced and weaker than ever, and much depressed in spirits. After visiting several noted resorts for consumptives, I finally, as a last resource, visited Paris for the purpose of placing myself for a short time under the care of Doctor J. F. Churchill, a physician who was gaining a high reputation from his cures of Consumption by the use of his preparations of the *Extract of Blodgett* (a preparation from the sea weed), in combination with the Hypophosphate of Lime, &c. I had conversed with several who had been completely cured of Consumption by Dr. Churchill's preparations, which inspired me with some hope. I immediately placed myself under his care, and I was soon only too happy in the realization that I was fast gaining in health and vigor. The Blodgett and Hypophosphate seemed to have a beneficial effect almost instantly, and when taken in combination with the ingredients as per the above prescription, its effects seemed magical. I began to improve so rapidly that I could hardly believe my own senses. The improvement was marked and very visible, not only at the very seat of the disease, but in the system generally. My spirits, formerly so much depressed, soon became buoyant; my appetite gradually returned; my sunken cheeks began to fill, and a soft bloom took the place of the warning *hectic flush* that glowed in my countenance. My night sweats soon entirely left me, and my shattered nerves soon gained their original strength. In fact, there was not a single symptom that it did not seem to take hold of and dissipate.

After nine weeks' treatment, I was deemed sufficiently restored to be able to travel, and being anxious to join

my friends once more, after obtaining a supply of the medicine sufficient to last me several months, also a copy of the prescription from the Doctor's own pen, with full instructions for its preparation, I sailed for my home. The sea-sickness of the return passage weakened me and threw me back considerably; but on my arrival at my home in Williamsburgh, I used the medicine again for about two months, at the end of which time I found myself *entirely restored to health*.

The above is a plain and full history of my case, given as much in detail as will be admitted of in this sheet. Many little incidents and facts might be mentioned that would, no doubt, be quite interesting to the afflicted, as well as encouraging to them, but my space will not allow the digression. Should any fellow sufferer wish more full particulars, I will, with pleasure, answer any questions they may propose. I am not at present in charge of a congregation, as I intend devoting myself the next year or two to the task of making known to the afflicted the effects of the Blodgett and Hypophosphate, and placing it, if possible, in the hands of every Consumptive; and I will always be pleased to see any of my afflicted brethren at my residence, where I will cheerfully give any infor-

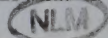
mation they may desire, and aid them all in my power. Thankful to the Great Physician for my restoration and his many mercies, I shall endeavor to devote my future to the advancement of his Kingdom, and do what I can, with my small means and in my humble way, for the alleviation of my suffering fellows.

It might be proper to state briefly, in this connection, the diet, exercise, &c., used in my case. I took, while under treatment, a large table-spoonful of the mixture prepared from the above prescription four times a day: One in the morning before breakfast, one before dinner and tea, and one on going to bed. I took gentle exercise in the open air every clear day, avoiding the night air. My diet was plain, but nourishing, such as, soups, vegetables, boiled meats, &c., avoiding fresh bread, using very little butter and *no stimulants*. I also made it a practice to bathe myself or sponge myself as often as once a day in tepid water. The medicine kept my bowels gently open.

Hoping that many may be benefitted by my experience and the Recipe given, I subscribe myself,

Very respectfully,

EDWARD A. WILSON.



N.B.—Mr. Wilson would respectfully state to his friends, and the afflicted in particular, who wish to use the Hypophosphate of Lime and Blodgett, and who live at a distance from a reliable druggist and chemist, that, in accordance with the popular demand, he has made arrangements for importing, in large quantities, all the ingredients in the above Recipe direct from Dr. Churchill himself; and he will be happy to furnish them with the articles already compounded and prepared for immediate use by a competent chemist, and at a less cost than they can obtain the same from any reliable chemist—as he would have to go to the expense of preparing a small quantity for their particular use; at the same time the patient can rely on obtaining a pure article, properly prepared and compounded. They will also receive the full directions and instructions for use, with advice as to diet, exercise, bathing, mode of living, &c.,—the same as Mr. Wilson received from Dr. Churchill in his own case.

The prescription, when properly filled, will make something over a quart of syrup or mixture. The Blodgett and the other fine extracts are very costly; and any reliable druggist, to prepare the same for you, will charge at least from \$2.25 to \$3.00, and he can hardly do it at that price and furnish the pure and unadulterated articles, unless the demand was great and he could prepare large quantities at a time.

Mr. Wilson would state in this connection, that his object in making this remedy known is *not* to make money. He does the same from a sense of duty, but, like most of his brethren in the ministry, his means are limited, and he does not feel able to accomplish the task and incur the expense of advertising, &c., without pecuniary aid; but by importing the articles, as he does in large quantities, he can supply patients with the pure unadulterated articles as above, at the same time allowing himself a very small profit or per centage, which is duly appropriated to the payment of advertising and expenses. Patients wishing to make use of the Prescription would do him a favor, and at the same time lend their aid to a philanthropic and charitable enterprise by allowing him to supply them with medicines; they will also make a small saving by so doing.

The Extract of Blodgett, Hypophosphate, and all the extracts and ingredients in the Recipe, with the exception of the wine, water, and sugar, Mr. Wilson will prepare in a package, and send to the patient by mail, securely packed in tin foil and covered by a light tin box. The patient can then mix it for himself, as the sugar, wine, and warm water are easily obtained. On receipt of \$2.00, (and postage 30 cents,) Mr. Wilson will mail to patients a package prepared as above, which will make them over a quart of syrup, sufficient to last three weeks, and make a marked impression on their disease. Full directions and instructions will accompany the package, which will be promptly sent by return mail. To those who prefer it, Mr. W. will mix the whole in a bottle, and send to them by express, at the same price; but as expressing is expensive and sometimes uncertain, they will gain time and save expense by mixing it themselves, which they can very easily do. It is sincerely hoped that every Consumptive or Scrofulous sufferer will give Dr. Churchill's Prescription a trial, even though they may have tried all the doctors and patent medicines of the day to no effect, as it will surely do all that is claimed for it.

Mr. Wilson might publish some very excellent testimonials from clergymen and others, who have been cured by Dr. Churchill's preparations, did his space admit; but patients who will be kind enough to call at his residence, shall see ample proofs and some very interesting letters.

Mr. Wilson would call the attention of the intelligent reader, and the Consumptive in particular, to the following extract from a prominent European journal, which was also copied in the New York *Tribune* and other journals of this country at the time. It gives them an idea of the success of Dr. Churchill's discoveries:—

[From Galignani's Messenger.]

Consumption—Dr. Churchill's Discoveries.

An interesting paper on the successful treatment of this dreadful affection, and the allied diseases of scrofula, tubes mesenterica, etc., by the hypophosphites of lime and soda, has just been presented to the Academy of Sciences by Dr. J. F. Churchill. It has long been known that among the inorganic or mineral substances which enter into the composition of the body, phosphorus is to be met with in considerable quantities, but chemists and physiologists are as yet unable to decide whether it is found only in phosphoric acid; that is, in a state of complete oxydation, and as such no longer liable to be burnt by the oxygen of the atmosphere (as for instance in the mineral matter of bones), or whether it also exists in a lower state of oxydation, and as such capable of keeping up the slow combustion which constitutes one of the principal phenomena of life. Opinions upon this point are very nearly balanced; the celebrated Liebig, for instance, stating that it is impossible to decide the question in the present state of chemical analysis, while his chief disciple in England, the late Dr. Gregory, Professor of Chemistry at Edinburgh, declares that it is absurd to suppose that phosphorus can exist in the animal frame in any other condition than as phosphoric acid.

Dr. Churchill, by a series of scientific deductions, which it would be foreign to our purpose to examine, came in 1855 to the conclusion that not only was it necessary to admit that phosphorus existed in the body in an oxydizable or combustible condition, but likewise that the proximate cause, or at least an indisputable condition to the existence of consumption or tuberculoses, was the undue waste or the deficient supply of the principle. Hence he drew the obvious inference that the means of curing the disease consisted in the restoring of the deficient elements.

For this purpose it was necessary to select some compound of phosphorus, which should be at the same time oxydizable and assimilable, that is capable of entering into and forming a part of the system. These conditions were found to exist in the hypophosphites above mentioned. Dr. Churchill's views were first

made known last July, in a paper presented to the Academy of Medicine, and subsequently embodied in a work on Consumption which appeared in October. Since then the author has continued and extended his researches, and his recent communication to the Academy of Sciences is founded on the observation of forty-one cases. He administers the Hypophosphites of Lime or Soda in combination with the Extract of Blodgett and other ingredients, mixed with a sufficient quantity of sweetened water, to form a pleasant syrup.

The cure of consumption in the second and third stages (at a period consequently when there can be no uncertainty as to the nature of the disease) can be obtained in all cases by this treatment, except when the existing lesion of the lungs is of itself sufficient to produce death. Contrary to the opinion generally received, the third stage of consumption is, all other circumstances being equal, more amenable to treatment than the second. Hereditary predisposition seems in no way to counteract the effect of the hypophosphites; patients in whom it was most strongly marked recovering as rapidly as others.

The paper has been referred by the Academy to a committee consisting of Drs. Serres, Andral, and Claude Bernard; and it is highly desirable that these gentlemen should lose as little time as possible in verifying whether and how far Dr. C.'s views are founded in truth—more particularly as the author states that the remedy discovered by him has not only a curative effect, but will, if used wherever there exists a suspicion of the disease, prevent its development, and thus act as a preservative with regard to small-pox. It is already extensively used throughout the whole of the Continent, and favorable results have been already obtained in France, Germany, Italy, and Spain, as well as at St. Petersburg and Constantinople.

We may also state that, in consequence of Dr. Churchill's discovery, the manufacture of the hypophosphate in Paris has already attained a considerable degree of importance, whereas before they were applied to no use, and were only to be found as chemical specimens in the laboratory. These facts alone, Dr. Churchill contends, are at least a presumption that the remedy is found to be of benefit.

Notice.—Patients sending to Mr. Wilson for Dr. Churchill's preparations will please observe the following directions, viz: Put the contents of the package which they receive into a vessel or bottle, holding at least three pints; then pour upon it about a half pint of hot water, when they will have a red mixture. After letting it stand a few moments, they will add the balance of the warm water necessary, with the sugar dissolved in it; also add the wine (or its substitute,) shake the bottle well, and when cold you have a pleasant syrup ready for use. Shake the bottle each time before use. Keep the bottle in a cool place, and in no case allow it to stand in a room with a fire.

[From the New York Tribune.]

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N.B.—All letters to Mr. Wilson should be addressed Rev. Edward A. Wilson, Williamsburgh, Kings Co., N. Y. Those wishing to see him in person can do so by calling at his residence, No. 360 First Street, one door above North Eighth Street, where he will be happy to see and converse with them, and cheerfully give any information or advice required. To reach his residence from New York, cross the Peck Slip Ferry—(the fare is only one cent)—which will land you in First Street, Williamsburgh, a few blocks from his door. Should the day be stormy, and you do not feel like walking, you can take the cars at the ferry on the Williamsburgh side, which will leave you at the door. Patients ordering medicine or Books can enclose the money in a letter directed as above, with perfect safety, which will receive prompt attention, and be at Mr. Wilson's risk.

P.S.—If you prefer a longer ride, you can cross Fulton Ferry, foot of Fulton Street, N. Y., and take the Williamsburgh car, which will leave you at my door. Thus you will have a very pleasant and interesting ride by the Navy Yard, &c. Fare only five cents.

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